



**JUNIOR LEAGUE OF
CEDAR RAPIDS**

Women building better communities®

IMPACT

Volume 76, Issue 06

February 2010

CIBO TO DEFEND ITS TITLE AT IRON CHEF

Local chefs gather will gather Wednesday, March 10, at Kirkwood Community College to show

their talents as they compete for the coveted title of



“Iron Chef.” Cibo Fusion returns to defend its title against Kirkwood Community College’s Culinary Arts Department, LJ’s Catering and the Iowa City-based Devotay.

Guests will be able to sample an assortment of appetizers from People’s Choice award participants. Wine and beer tasting included!



Local chefs prepare their dishes at the 2009 Iron Chef at the Mansfield Center at Kirkwood Community College.

The event begins at 6:30 p.m. and runs until 9 p.m. March 10 at the Mansfield Center at Kirkwood Community College. Tickets are \$35 and available at www.juniorleaguecr.org.

New this year, an Iron Chef kick-off party will be held from 6 to 8 p.m. Wednesday, Feb. 24, at Cibo Fusion in Marion.

Volunteers may contact Liz Wardzinski at

wardzinski@opnarchitects.com or Danielle McCoy at dmccoy@opnarchitects.com.

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INSIDE THIS ISSUE

New Members	2
Above and Beyond	2
DIAD	3
Slated Positions	4
President's Column	6
Birthdays	7
Dues Reminder	7
Heart to Heart	7
Spring ODI	7
GMM Minutes	8
Board Minutes	9
Calendar	10



Left: The 2009 Iron Chef judges taste local chefs’ entries.

Below: The 2009 winning dish from Cibo Fusion.



NEW MEMBERS RAISE FUNDS FOR PROJECTS

As a mechanism to raise funds, new members have been selling Butter Braids, which JLCR Active members were given an opportunity to purchase. Actives were also asked to supply toilet paper as part of the HACAP project. After funds are raised, new members will continue on with their work with both HACAP and KidsFirst.

In January, new members participated in Placement Night. Thanks to all the Council representatives for

helping make that night a success.

Membership Survey

Active members are being asked to help Membership Recruitment, Development and Retention (MRDR) identify the current status of membership. A survey was sent electronically through Survey Monkey to all active members. The results of the survey will be shared with the Active Membership and will help MRDR plan for next year.

ABOVE AND BEYOND

Each month JLCR members recognize fellow Leaguers who have shown extraordinary commitment to League.

- Big thanks to **Ashley Felder** in help with Wells Fargo annual fund donation! It was a huge gain to reaching goal!
- Kudos to **Charity Tyler** and **Ashley Felder** in their great work on securing sponsors for LTTC 2010.
- Thanks to **Ann Oleson** for being such a big cheerleader for Education & Training.
- Membership Committee thanks the **Social Committee** for including new members in the Holiday Party festivities; **Kristin Roberts** for inviting new members to participate in the Ways and Means

Committee; **Ann Oleson** for working to get new member information posted on the website; **Abbie Covenah** for the challenges of rescheduling events at The Bridge.

- Thanks to **Kati Davis**, on Marketing, for working on the Junior League facebook pages and to the entire Marketing Committee team for continuing to provide updates for the JLCR web site.
- Congratulations to **Cari Foss**, IMPACT Chair, and her entire **IMPACT Committee** for a fantastic first half of the year. IMPACT looks awesome and has really been well received.
- A shout out to **Chelsey McDill** for completing a fantastic 2009 Report to the Community--on time and on budget! And for creating a new template for the report to be used in the future.

SPONSOR INFORMATION: Farmers State Bank

A new year...a new decade...and a fresh beginning.

As we each reflect on our past successes, accomplishments and, yes, even failures, the new decade provides us with a clean slate from which to move forward into the promises of the future.

Building upon more than 80 years of strength and stability, we look forward to remaining your trusted financial partner for many years to come by continuing to offer cutting-edge services like mobile banking, eAlerts sent directly to your phone or computer and, of course, the personal touch for which FSB is best known.

One MORE Reason...

FARMERS STATE BANK

Member FDIC

JAN DIAD: Creating Earrings for Cancer Patients



About a dozen JLCR members and friends took part in a beading workshop for the Gems of Hope project at Mercy Hospital on Tuesday, Jan. 12. Everyone worked on creating unique beaded earrings to be attached on handmade inspirational cards and given to cancer patients. For those who were unable to make it, please visit the Gems of Hope website at:

www.gemsofhopenet.org to see all workshop opportunities outside of League. A big thank you from the DIAD committee to all those who were able to make it and put their creativity to use.



Top: Liz Wardzinski, Danielle McCoy, and Anne Parmley create earrings Jan. 12 at Mercy Hospital.

Left: Hollie Trenary demonstrates beading.

Right: Anne Parmely shows how to string beads.



HELP WITH SKATING PARTY FOR FEBRUARY DIAD

Love is in the air and we cannot think of a more deserving group of children than those that are in our foster care system.

Join Families Helping Families and Junior League of Cedar Rapids as they help celebrate Valentine's Day at Super Skate on Saturday, Feb. 13, from 4 to 6 pm.

The children will enjoy an evening of skating along with pizza, soda and a craft table for those who would like to make Valentine cards.

We are expecting approximately 150 children of all ages to attend the event along with an appearance

from the Roller Derby Girls. We will need many volunteers the day of the event as well donations for the cost of pizza and soda and boxes of Valentines cards and colored markers.

Contact Amy Graham for information about how to make a donation.

 A member of The Association of Junior Leagues International Inc.

2010-11 BOARD AND SLATED POSITIONS

Karen Pelletier: President

Karen Pelletier first joined Junior League in 2000 as a member of the Junior League of Washington, DC (JLW). Karen received a Presidential appointment to the JLW 2005 Financial Advisory Board, which seeks new ways to raise unrestricted funds, and monitors the JLW endowment. In 2004, Karen was chosen to represent the JLW at the AJLI "Organizational Development Institute" conference.



Pelletier

In 2006, Karen transferred to the Junior League of Cedar Rapids (JLCR). In her first year with JLCR, Karen began her placement with Membership Development; however, when called upon to help, she transitioned to the Fall Fundraiser Committee. In 2007, Karen served as Ways & Means Chair, which allowed her to use her fundraising background to prepare a strong revenue proposal, including the Duramed FUTURES Tour fundraiser; work for which she received the 2008 Leadership Award.

Karen was chosen to represent JLCR as Delegate C, to the AJLI National Convention in spring 2008. Karen served as Vice President of Finance in 2008. In 2009, she was chosen to be President Elect/VP of Planning. She will assume the role of President in June 2010. A Cedar Rapids native, Karen is married to Paul, has one son, Noah, and a beagle named Scooter.

Kari Cooling: President Elect

Kari Cooling currently works for Holmes Murphy & Associates as an Account Executive. Her JLCR placements are numerous, and have included: VP of Finance, Chair of Butterfly Kisses, Endowment Chair,

DIAD Chair, Advisor, Under the Harvest Moon committee, and Cornerstone. She currently volunteers her time and efforts to the following organizations in Cedar Rapids: Young Leaders Society, Metro North Rotary, Waypoint Services, Leadership for Five Seasons, and St. Pius X. Kari received a marketing degree and finance minor from the University of Northern Iowa. She and her husband Wes have two boys, Drew, 2, and Jack, 5 months.



Cooling

Vanessa Solesbee: VP Administration

Vanessa Solesbee is the Operations Director for the Cedar Rapids Downtown District, a position she has held since November 2008. Vanessa has more than seven years of experience in the fields of non-profit project management, marketing and grant writing. Before joining the Downtown District, Vanessa served as the Senior Director of "Executive Vice President Initiatives", for the four-state South Central Affiliate of the American Heart Association. The recipient of both a Coca Cola Fellowship in Intellectual Entrepreneurship from the University of Texas at Austin, and a Senator Gregory A. Luna Memorial Legislative Fellowship, Vanessa served as Media Specialist and Legislative Assistant in Health and Human Services to Texas State Senator Leticia Van de Putte.



Solesbee

Vanessa graduated magna cum

laude, with a Bachelor's in Communications and Women's Studies from Southwestern University, and a Master's in Interpersonal Communication Studies from the University of Texas at Austin. Vanessa is actively involved in the Cedar Rapids community and is currently serving as an ImpactCR board member, Chair of the Members & Mixers Committee, board member for Planned Parenthood of East Central Iowa, member of JLCR's IMPACT Committee, and is a weekly Meals on Wheels delivery volunteer. Vanessa and her boyfriend, Ben Rogers, share a home on the northeast side of Cedar Rapids.

Joanna Nohr: VP Community

Joanna Nohr is a pharmacist at the University of Iowa Hospitals and Clinics, working in the Investigational Drug Service. Her family includes husband, Derek, their cats, and many wonderful friends and relatives. She currently serves as Project Co-Chair for JLCR's project with The Arc of East Central Iowa, and is excited to be serving in the role of VP Community next year.



Nohr

Kristin Roberts: VP Finance

A member of JLCR since 2006, Kristin Roberts currently chairs the Ways and Means committee. Last year she served as VP of Marketing and Communications, and previously held positions on the Public Relations and Marketing committee and *Under the Harvest Moon* committee. She also served as an At-Large board member. JLCR sponsored her participation in the Leadership for Five Seasons program, and provided her the opportunity to attend an ODI conference in 2007.

BOARD AND SLATED POSITIONS *cont.*

"JLCR has been an incredible opportunity for me. Beyond gaining leadership skills and learning about my own personal abilities, I've been able to make a difference in our community, with amazing women that I can also call my best friends," Kristin said.

Kristin is a development officer at Coe College. She is also currently a board member for Theatre Cedar Rapids and has volunteered for the American Heart Association.

Kristin moved to Cedar Rapids in 2004 when she married Mark Roberts. The couple loves renovating and decorating their home. In her free time, she loves to run, read, cook, and spend time with Mark, their dog Gus, family and friends.

Kati Davis: VP Marketing

Currently in her second active year with Junior League, Kati Davis is a member of the Marketing Committee and previously served on the Iron Chef fundraiser committee.

Professionally, she is an Interactive Strategist with Stamats Higher Education Marketing, which serves colleges and universities across the US and Canada. Kati says she



Roberts

"has been married to the love of my life, Shawn, for going on four years. Our daughter, Lindsay, is a complete firecracker who will be turning 3 in February".

Jenn Higgins: VP Membership

Originally from Waterloo, Jenn Higgins moved to Chicago after college. Missing Iowa, she returned four years ago, and has been involved in Junior League ever since. Jenn served on the Membership Committee for three years, most recently as Chair. She is also in her second term as Chair, for Main

Gate and Parking, for the Ladies Titan Tire Challenge. Jenn is currently the Director of Services, at The Arc of East Central Iowa. She is involved with several other community non-profits, committees and boards. In her free time, Jenn enjoys spending time with her significant other, Jeremy, and her family and friends. She is usually outside as much time as possible on the water, either at Okoboji or the Coralville Reservoir. When she is not traveling for visits with friends and family, or attending sporting events, she enjoys cooking, sewing, decorating, photography, entertaining and home remodeling.

Emily Ernst: At-Large

Emily Ernst recently became engaged to Tyler Callahan in December. They have four cats; Polly Anna, Chasey Lain, Ryann Rose, and Pooter John.



Higgins

Emily is a bartender at two local venues, and says she is really looking forward to sitting on the board next year. "I look at the ladies I will be serving with and I am pumped! After five years in League, I feel ready to start getting further involved. I'm very excited about 2010-2011."



Ernst

Slated Positions

Nominating Assistant:
Andrea McVay

Placement Assistant:
Tamara Lyman

Advisors:

- * Kymm Barnes
- * Kris Berry
- * Abbie Covenah
- * Katie Luehrsmann
- * Mindy Sorg
- * Charity Tyler
- * Karen Wilson

Membership Assistant:
Nicole Ridge

Project Research:
Stephanie Rex

Advisory Future Planning:
Ann Oleson



PRESIDENT: Assess Your League Year Goals

By Mindy Sorg, JLCR 2009-10 President

As I was sitting in the January GMM listening to Lori Houston list the slate for the 2010–2011 League year, I found myself becoming really emotional. On one hand, I felt excited for all of the women standing up there remembering how I felt a year ago when my name was announced as president. On the other hand, I also felt sad because this officially marks the mid-point of my presidential term.



Sorg

I started thinking about all of the goals I had set for myself at the beginning of the year—as well as the leadership retreats and all of the great ideas our leadership team had for their councils and the membership. But most of all, I kept thinking about the question I posed for all of you back in August and that I continue to answer at each General Membership Meeting (GMM): Why are you here?

As the months have passed, I hope the many opportunities offered by League have helped you answer that question. You may have attended an AJLI leadership conference and came back feeling so excited about League that you didn't know what to do with yourself. Or found yourself painting a truck on the face of an excited little boy who was eagerly awaiting the arrival of the helicopter at Lil' Kids & Big Rigs. Maybe it was your experience at Waypoint when you got to shop with one of their clients for their kids' Christmas presents. Or maybe it was the morning when you walked outside in subzero temperatures and it gave a whole new meaning to the coat drive that DIAD hosted for children at Tanager Place. For some of you, it may also be about walking into a room of 95 women once a

month knowing you are surrounded by some of the most influential, positive, motivating and aspiring women in this community.

The question remains important because if you do not know the answer, your time within this organization will be very short and/or ungratifying. In addition to what our organization does for our community, the organization should help you identify the personal goals and accomplishments you're hoping to reach through this experience. Now is the time to reflect on the past six months and evaluate why you are here.

Take advantage of your relationships within League and discuss your future leadership goals with your advisor, as well as current and past board members. The Junior League of Cedar Rapids (JLCR) is a training organization. If you're ready to dedicate yourself to a leadership position, I would encourage you to research the opportunities, requirements and obligations. We are an amazing organization with a mission statement that guides our steps in promoting volunteerism, developing the potential of women and improving communities.

So, as you complete the last portion of your term as a committee member, chair or council VP, I would like to thank you for your commitment to our organization and also challenge you to reflect upon the first half of your year and ask yourself if you know why you are here. If you do, share it with everyone and make it known in your efforts. If you don't, take this opportunity to re-engage and seek out those who inspire and motivate you. I believe this mindset will help you in your journey to make changes and make improvements, which is why we are all here.

Now is the time to reflect on the past six months and evaluate why you are here.

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HEART TO HEART

Share your big life events with your friends in Junior League.

Wedding? New baby?

The Social Committee would like to congratulate you.

Have you lost a loved one? Struggling with an illness?

We'd like to send our sympathies and support. Please take the time to complete our "Heart to Heart" forms available at all general membership meetings, or e-mail a committee member with your news.

DUES DEADLINE IS MARCH 15

REMEMBER! Membership fees are due March 15

All members should have received an invoice for dues effective for the year beginning June 1, 2010, through May 31, 2011. This is a friendly reminder that dues are payable by **March 15, 2010**.

Dues not received by May 1, 2010, will be assessed an additional \$10 fee plus prorated for national and local dues to cover the costs of processing late notices and membership reinstatements.

Payment plans are available and JLCR dues are tax deductible.

You may also pay your dues online at the JLCR website, www.juniorleaguecr.org. If you have any questions, please contact Kymm Barnes, kkbarnes@usgs.gov.

All dues include a \$35 payment to AJLI. Membership classifications and dues amounts are as follows:

- **Active:** \$107.10
- **Advisory Active:** \$107.10
- **Leave of Absence:** \$107.10
- **Sustainer:** \$86.50
- **Sustainer Emeritus:**
No charge

NOMINATE FOR SPRING ODI

Nominations are due Feb. 5 for the Organizational Development Institute training, to be held in Charlotte, N.C., on March 12-14, 2010.

This is a great opportunity for active members to increase their knowledge of Junior League by attending training sessions on Achieving Community Impact (identifying and building powerful communities), Membership Development (creating tomorrow's leaders), Diversified Fund Development (funding to comprehensive

funding), and Peak Performance (preparing oneself for Presidency).

We have the opportunity to send two deserving women to this spring's ODI. We will announce the nominees at the February GMM, so stay tuned. Attendees will share their valuable experiences in an upcoming edition of IMPACT. Please consider nominating yourself or a deserving candidate for the spring ODI, scheduled for March 12-14, 2010.



Oline Stigers	1
Cecelia Harmeyer	4
Cindy Sapp	4
Ashley Zappa	5
Nancy Hughes	9
Emi Chapman	9
Tamera Preston	10
Nicole Ridge	11
Lori Pankey	12
Leah Greif	14
Holly Berecz	16
Barbara Knight	16
Marielle Rodeheffer	16
Stephanie Wagor	17
Cyndie Birchansky	22
Amanda House	22
Theresa Sorg	22
Bonnie Hinrichs	24
Vera Howe	26
Sharon Danielson	27
Heidi Landsgard	29
Marjorie Flannery-Paulson	29

When you buy a gift card at Talbots, 10 percent of the purchase goes back to the League of your choice! These gift cards may only be purchased online at www.talbotsgivesback.com/ AJLI, but they may be redeemed in any Talbots store, through their catalogs or online at Talbots.com.

GMM MINUTES: January

Minutes from the JLCR General Membership Meeting Tuesday, Jan. 19, 2010

Welcome

Mindy Sorg called the meeting to order at 7:08 pm and welcomed the membership by sharing some thank you cards from the Tanager Place coat drive. She then shared a promotional PowerPoint presentation that highlights Junior League's work in the community. Abbie Covenah called for an approval of the November meeting minutes. The minutes were approved by the membership.

Promoting Voluntarism Done in a Day (DIAD)

Amy Graham encouraged members to help with the Valentines party at Super Skate for foster children and their families. The event takes place on Saturday, February 13. Also, Tara DeWolf announced that the block by block event that was scheduled with Four Oaks will be postponed until the fall.

Developing the Potential of Women Membership

Jenn Higgins encouraged members to buy butter braids from the provisional class. She also asked members to bring toiletries to be donated to the residents of Geneva Towers. Please bring donations to the office by Wednesday. Bring a friend to League night is going to move from March to April. The meeting will be held at Waypoint. Jenn also announced that she will be sending out a membership survey in the next two weeks.

Education & Training

Emily Ernst introduced Wendy Marnar, a volunteer from Families Helping Families. Wendy is a foster/adoptive parent. She has been an active volunteer with Families Helping Families for the last five years. She spoke about "Love's Closet," a resource for foster parents to get clothes for their foster children. She

also highlighted several other services offered by Families Helping Families to foster families.

Ways & Means

Kristin Roberts announced that we have surpassed our original annual fund goal of \$5,000. We now have the opportunity to reach \$9,000. There is an anonymous donor who is willing to match any additional donations above the \$5,000 goal up to \$2,000 until April 20 will be matched.

Project Research

Nicole Ridge announced that she will be sending out an email asking members to suggest project research ideas. She is planning to compile the responses and then survey the membership about the available options.

Nominating

Lori Houston announced the 2010-2011 slate. The slate is below and will be voted on during the February GMM.

President Elect: Kari Cooling
VP Administration: Vanessa Solesbee
VP Community: Joanna Nohr
VP Finance: Kristin Roberts
VP Marketing: Kati Davis
VP Membership: Jennifer Higgins
At-Large: Emily Ernst
Nominating Asst: Andrea McVay
Placement Asst: Tamara Lyman
Advisors: Kymm Barnes, Kris Berry, Abbie Covenah, Katie Luerhsmann, Mindy Sorg, Charity Tyler, and Kären Wilson
MRDR Asst: Nicole Ridge
Project Research: Stephanie Rex
Advisory Future Planning: Ann Oleson

--Advisor Time--

Improving Our Community

Butterfly Kisses

Jill Todd encouraged members to buy their tickets to the event as soon as possible because they are selling tickets very quickly. She also went over the activities and entertainment

for the day. Kathy Buckner went over the available raffle prizes. Kathy has 10 volunteer slots to fill so you need to sign up as quickly as possible.

The Arc

Maria Sanchez-Masi announced that the art programming has begun at the Arc. In February, we will be making cards at the Arc. The committee is planning to experiment with a new sign-up process over the internet. Also, the retail store is up and going. There will be a grand opening for the store in December 2010 and they will also be selling some of the art projects at the farmers market. Joanna Nohr spoke about the paperwork requirements and training opportunities. If you are planning on having direct client contact, you will need to fill out the five background check documents that are located on the OFF. The next sensitivity training class will be after April so the new member class will be able to participate as well.

Iron Chef

Danielle McCoy announced that they will be having a kickoff event for this year's Iron Chef event. Tickets to the kickoff party will be \$25 and it will take place at Cibo on Wednesday, February 24 from 6 to 8 pm. Danielle also encouraged members to contact her with any silent auction donations for the Iron Chef event.

Mindy announced that anyone interested in attending the Women's Leadership Conference on April 21 should contact Emily Ernst. If enough people are interested, we will try to get a table together.

Sponsor

Tonight's meeting sponsor is Glass Slipper Entertainment.

ADJOURNMENT

Mindy adjourned the meeting at 8:53 pm.

Respectively submitted, Abbie Covenah, VP Administration

BOARD MEETING MINUTES: January**Minutes from the JLCR Board Meeting Wednesday, Jan. 6, 2010**

The Board meeting began at 5:30 pm at OPN. Present were: Kymm Barnes, Abbie Covenah, Marcy Dent, Ashley Felder, Karen Pelletier, Mindy Sorg, and Anne Parmley (via phone) and Ann Oleson (via phone).

Consent Agenda

The consent agenda was approved.

Approval of December Board Meeting Minutes

The December board minutes were approved.

Finance Council

Kymm asked the board for comments regarding the year end review. Karen pointed out that since we are using zero based budgeting, we should put any net assets into our money market account. Otherwise, it looks like there was a surplus in the budget for the last two years. Kymm asked to address this after we discuss the "Save, Plan, Spend" plan.

Kymm distributed copies of the budget and a summary of our current account. She noted that we currently use one main budget. To begin the Save, Plan, Spend plan, we will need to move to two budgets. These budgets will a support budget and a community outreach budget. Ultimately, the number of accounts will not change, but it will be a different way of thinking about them. The support budget will be funded by member dues, the annual fund, and endowment interest and will go toward the administrative costs of running the organization. The community outreach budget will be funded by our fundraisers and will be restricted to activities more directly related to our mission. This two budget structure will focus on building funds for our philanthropic projects prior to making large financial commitments.

Initially, the dollars available in the community outreach budget will be based on an average of the balance of the project account and the total profit from the fundraisers. Later, we will be able to calculate the community outreach budget based on a rolling average from past years. However, Kymm's concern is that we do not have very lucrative fundraisers

Karen pointed out that using our financial cushion to start this new plan will make us more financially vulnerable. Ashley suggested that we use half of our savings instead of all of it. Karen also pointed out that if we have a year where we plummet in membership, our support budget would be in jeopardy. Anne agreed and feels that a large number of members going sustaining could have the same impact.

Ultimately, the board agreed to use the funds in our money market account and saving the money in the CD as the cushion. Kymm is planning on presenting this at the leadership retreat in January and then to the general membership in February. However, this plan will not need to be voted on by the membership.

Community Council

The Arc sent a detailed outline of their flood recovery expenses in order to receive reimbursement for recovery construction that was completed in the art studio space and the store. The total of these expenses was \$27,000.

We will plan to wait to cut the Arc a check for these expenses until we have a final decision on the Aegon grant request. If Aegon grants the funds for this project to the Arc, Junior League's fundraising commitment would be fulfilled.

Mindy is concerned that members are not engaged in this project. Marcy assured her that art activities would be presented at the January GMM and that activities in the art studio

would begin in February.

President's Report

The board is concerned that the Butterfly Kisses committee is running behind on some activities. In an effort to help them accomplish everything in time and make the event a success, the board is planning to meet with the committee chairs on Friday afternoon. With the event approaching so quickly, the board wants to take their list of things left to be done and disperse some of the duties to the board members.

Mindy gave an update on the exhibit materials from the History Center exhibit. The 75th Anniversary Committee is going to go through the display boards and decide what to keep.

Mindy announced that there is an anonymous donor who is willing to match an additional \$2,000 in gifts to the annual fund that are above our original \$5,000 goal. Any donation from this point on to April 17 will be matched up to \$2,000.

The Mid Year Retreat will take place at OPN on January 23 from 9 am to 2 pm. The board will be providing lunch.

Mindy asked each board member to complete their Mid Year Board Evaluation. This will help each member review goals for the year.

Other Business

Mindy informed the board that Jenn Higgins is planning to distribute a membership survey soon.

Also, the Women's Leadership Conference in Coralville is approaching and Mindy wants to see if any league members interested in attending want to get a table together.

ADJOURNMENT

The meeting adjourned at 8:45 pm.

Respectively submitted,

Abbie Covenah, VP Administration

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IMPACT COMMITTEE:

Cindy Duran
 Jessica McAllister
 Vanessa Solesbee
 Cari Foss, Chair

Junior League of Cedar Rapids (JLCR) is an organization of women committed to promoting voluntarism, developing the potential of women and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable. JLCR reaches out to women of all races, religions and national origins who demonstrate an interest in and a commitment to voluntarism.

JLCR 2010 CALENDAR

February 2010

- | | | |
|----|---|-------------|
| 2 | Board Meeting | 5:30 p.m. |
| 13 | DIAD: Families Helping Families Skate Part, Super Skate | 4 to 6 p.m. |
| 15 | IMPACT stories due | |
| 16 | GMM | 7 p.m. |
| 24 | Iron Chef Kick-Off Party, Cibo | 6 to 8 p.m. |

March 2010

- | | | |
|----|---|-------------------|
| 2 | Board Meeting | 5:30 p.m. |
| 10 | Iron Chef Competition, Kirkwood Community College | 6:30 to 9:30 p.m. |
| 16 | GMM | 7 p.m. |

MEMBERSHIP NUMBERS

Active: 96
 Emeritus: 17
 Sustainers: 207